

Northeast Residence, Inc.
2015 Annual Report



Northeast Residence, Inc. creates opportunities for children and adults with developmental disabilities, enabling each to live and make choices to fulfill their potential, ultimately enriching our communities and providing quality support to families.



Northeast Residence, Inc.

Making a difference in our communities every day

Dear Friends of Northeast Residence –

Since 1973, Northeast Residence, Inc. has supported individuals and families in many of its programs 24 hours a day and 7 days a week. So, when December 31, 2015 wraps up and turns into January 1, 2016, the people we serve are safe in their own beds, the staff or families are nearby to assist if anything may come up that needs assistance, and the people we serve wake up to another day to seek their daily routines and in many cases dream of their future plans. Fortunately, this hasn't changed and has been the same every night since the inception of our organization in 1973.

Northeast Residence is a strong service-based organization and has a very strong financial footing. The majority of our revenue comes from public sources such as Medicaid and Group Residential Housing, so that puts our reimbursement rates in the hands of policy makers. Generally this revenue does not go down, but we also cannot plan for it to increase despite the increases in inflation. We plan for inevitable changes in this reimbursement environment and pivot when we need to.

We also rely on the efforts of volunteers and donors to complete the work of our mission that is not reimbursed by Medicaid and Group Residential Housing. In 2015, we raised enough funds through grants and individual donations to purchase a wheelchair-accessible van and continue to fund services for our Special Olympics events, make some improvements to our homes, provide trips for the people we serve who may not be able to afford their own way, and continue to fund our Respite program.

In 2015 we also continued the implementation of 245D regulations, person-centered planning training of all 300 staff across the organization. We continued our earnest effort to recruit and retain employees, continued the transition under my leadership and a new program director, and planned to recruit additional new board members in the early beginning of 2016.

As we begin 2016 we will continue these efforts and plan for future changes that are sure to come in person-centered efforts for the individuals we serve as well as from legislative changes and Olmstead law implementation plans. Additional goals for our immediate future in 2016 include the purchase of one more wheelchair-accessible van, the growth of our fundraising to bring in additional capital and operating revenue, expanding our community-based programs by finding new spaces to operate these programs so we can keep pace with our area's need for community-based services for people with disabilities, continue our efforts to retain employees, and find new space for our administrative offices.



I am honored to be the Executive Director at Northeast Residence. We are all individuals who come together as a team to support, implement, and realize the important lives of the people we serve. We look forward to our future!

Sincerely,

Heidi Holste
Executive Director



BY THE NUMBERS

140+

People with developmental disabilities served by Northeast Residence



140

Part time staff

9

Special Olympics Track and Field participants



412,170

Staff hours worked

24

Group homes

70

Volunteers

9

Special Olympics Bocce Ball players

27

Communities served



5

Resident Vacation Trips

136

Full time staff

21

Special Olympics bowlers

Resident Top Favorite Vacation Destinations

*Camp Jellystone
Branson • Las Vegas
Florida*

This is Jill's story.

I am her mother, Sandi. She was born on February 1, 1979 following an uneventful pregnancy. She has one older sister, Stacy. Jill has tuberous sclerosis complex (TSC) which is a nasty genetic syndrome. It presents with seizures, cognitive impairment, and behavior issues. It is also one of the greatest causes of autism. There are several different types of skin markings. Tumors and cysts grow in all organs. There is a vast range of abilities for people with TSC.

At birth, doctors were very concerned about an area on her back that they thought might be a near miss for spina bifida. She should have glowed in the dark for all the x-rays she had. They determined it was just a "skin lesion". Shortly after birth, she probably had her first seizure, but for some reason, I was afraid to look at her even though I was holding her. I felt it but dismissed it as "baby trembling". We went home and Jill developed on or before schedule. When she was three months old, we saw our first seizure. It was not an infantile spasm that TSC is famous for. She was on her back, her head and eyes rolled to the left. Her left arm and leg shook rhythmically. It lasted about thirty seconds but changed our lives forever. We of course rushed her to the emergency room. They admitted her and did more tests, including a CT scan. The diagnosis was idiopathic epilepsy. She was given phenobarbital and sent home. My easy baby was not easy anymore. She screamed all the time and never seemed to sleep, but she continued to develop normally. The seizures returned when she was four months. This time the doctors decided to have a dermatologist look at her back, "since she's here". The dermatologist diagnosed Jill with tuberous sclerosis complex. They found more "evidence" with a Woods (ultraviolet) lamp which shows white "ash leaf" spots. They told us Jill's case probably was a spontaneous mutation but could not be positive. The information they gave us about tuberous sclerosis was minimal and horrible. There did not seem to be any hope. We went home in despair.

Jill continued to develop normally. She sat up, crawled up and down steps, walked around furniture, and walked independently by her first birthday. She started talking around nine months and had a vocabulary of about twenty words at twelve months. We thought we had beaten the odds, but on February 25, 1980 (one year and 25 days old) Jill had a massive seizure with a temperature of over 106 degrees. It lasted for over an hour. She was like a ragdoll after that. It was three days before she could sit up or walk. She was over three years before she talked again. During that time, she did a lot of screaming!

Jill grew up. She learned how to ride a bike, play the piano, and downhill ski. She learned to read, write, spell and do math in special education classes. She went to church and was confirmed. She graduated from high school and continued in the Career & Life Transition program through Mound View Schools until she was 22. She had friends. She had family that loved her.



Jill's seizures had always been under control, but then in her mid-late teens she started having "break-through" seizures every couple of years. These were "status" seizures, meaning they don't stop on their own, which required a 911 call, EMTs, drugs, and a trip to the emergency room. At this same time, her behavior worsened, and she was filled with rage in an instant. We were all confused and fright-ened. It helped to find out that this kind of behavior was common for people with TSC, but it didn't make it easier to live with.

When Jill was 21, she decided it was time to move away from home. I had worked in a day program and had contact with many group home companies. Northeast Residence was the best of them all. The first and only one we looked at was NER. We were fortunate that they were opening a new home in Little Canada. Jill liked it, so Corrine signed her up. Jill loved the supervisor, her kids, and the staff, and they all loved her. She was happy, but her happiness was fleeting. Her behavior worsened. Her doc-tors tried a variety of psychotropic drugs which worked for a while. Over the next ten years, Jill lived in three different NER homes. Her tolerance for anything or anybody was limited. Amazingly, everyone still loved Jill.

In December 2012, Jill's dream came true. She was 33 and finally was moving into her own apartment. It was a supported apartment program (another company) with a roommate. She loved shopping and decorating. During this time, she tried a new psychotropic drug. We call it the "Wonder Drug." Jill became like a new person. She is tolerant and calm. She liked her roommate and they were quite compatible. Her roommate spent most weekends with her family so Jill was alone, which she did not like. She liked most of the staff but turnovers were frequent. I became her problem solver and entertainment committee. She started talking about moving again.

One of the organs most likely to be affected by TSC is the kidney. Jill participated in a drug study to shrink/prevent kidney cysts but to no avail. She got sick and anemic. She could barely walk across the room. Her kidneys were failing. She started dialysis in May, 2014 at age 35. She is on a list for a transplant. She has lost over one hundred pounds through diet, exercise, and determination. This time, it was imperative that she move back into a group home.

We were so lucky! We found out that NER had an opening in Woodbury. It is 25 miles from my house, but the pros outweighed the cons, and besides, it's an NER home! Jill moved into the Bailey Ridge home in April, 2015. It is a very large, beautiful home with lots of space. The staff is very loving and seem to care for Jill. There are multiple activities going on all the time. Jill has done more in the last six months, even a mini vacation, than she had in more than two years. There are days that she doesn't even call me. Once again, Jill is happy!

VOLUNTEER RECOGNITION

In addition to the work performed by our highly qualified paid staff, committed volunteers bring a sense of community to the people we serve. For all you do in partnership with Northeast Residence, we thank you.

Carrie Anderson

Jim Jantzen & Joy Ballou

Jim & Karen Blumke

Don Bordsen

Diane Bruns

Josh & Tonya Bushard

Kelly & Marci Comer

Barb, Joey, John, Sarah, Leah,
and Jake Damerow

Tim Daniels

Brent & Brea Decosse

Cassie & Laura Greenlee-Karp

Bob Hansen

John & JoAnn Heller

Kevin Heroff

Joan Henry

Sharon Hindahl

Shirley Hollenkamp

Karin Jacobson

Charlie & Candy Johnson

Lori Kieffer

Rachel Kirchgasser

Bill & Jeannine Kohout

Joan Loer

John & June Martin

Terry Maynard

Eileen McNiff

Jobie Meinke

Bonnie & Rick Mereness

Margi Miller

Bob Morse

Lorrie Morse

Eileen O'Keefe

Michelle Olson

Rich Olson

Suzie Olson

Marion Owens

Andrea Perzichilli

Sally Poesch

Joan Purrington

Colleen Roberts

Sally & Dale Roffers

Kay & George Rossez

Deb Rudolph

Denny & Corrine Schmidt

Mary Lou Schmidt

Mike & Colleen Schmidt

Paul & Karen Schultz

Will Scott

Brandon Spears

Mike & Cathy Steffen

Dale Stomberg

Ann Tulloch

Jackie Ulrich

Lynette Vickerman

Bob & Betty Wilmes

Joe & Jeanne Wilmes

BOARD MEMBERS

Dear Friends of Northeast Residence, Inc.,

Northeast Residence had a remarkable year! We celebrated with those that we serve by enjoying community outings, enjoying the annual luau, and the fall bonfire together. Several of our Special Olympic athletes are recognized for their dedication to sport and sportsmanship. We also celebrate the purchase of the new home on Currie. The residents were very happy when they moved to their new home in February 2016.

We want to recognize each of you who have supported our work and Mission. You helped us to support the dreams and opportunities of the 130 individuals served during 2015. The organization has twenty-eight programs and services: Long-term residential care is provided to 96 residents, there are two after school extended-day programs, an adult day care program, in-home services, and a respite-care program. The respite-care program is the only one of its type in the United States! There are 300 full and part-time employees. The Northeast Residence budget is over 9 million dollars. The organization is commended for maintaining an administrative overhead of just 11%.

As we look back to 2015 we want to thank you for your continued generosity and support of Northeast Residence's Annual Giving program, the Annual Fundraising Dinner, the Golf Tournament, and the Friends of Northeast Residence Legacy Program. The individual and corporate partnerships and support of Northeast Residence permitted the organization to provide economic support for special projects including resident camping, vacation opportunities, supported specialized equipment, employee training and development, employee scholarships, after school programs, and new program development.

The board of directors promises to remain stewards of the financial and in-kind gifts and government financial support that allows Northeast Residence to create opportunities for children and adults with developmental disabilities to live a joyous life at their fullest potential.

Kind regards,

Joan Purrington, PT, MA, DPT
Board Chair

2015 BOARD MEMBERS

Barb Damerow

Bob Morse (*Treasurer*)

Joan Purrington (*Chairperson*)

Joan Henry

Michelle Olson (*Vice Chair*)

George Rossez

Margi Miller

Sally Poesch

Ann Tulloch (*Secretary*)

DONOR RECOGNITION

The community of Northeast Residence, Inc. gratefully acknowledges the financial support offered by foundations, businesses, and individual households. The lives of the people served by Northeast Residence are enhanced through these contributions. Funds are applied to program development, special trips and vacations, staff training, Special Olympics participation, and other uses, all dedicated to improving the quality of life experiences for those we serve. On behalf of staff, administration, and the board of directors, we thank you for your partnership.

Lee and Caryl Aanenson

Pamela Aanenson

Laura and Richard Abbot

Advent Construction

AmazonSmile Foundation

Fred C. and Katherine B.

Andersen Foundation

American Legion Post 507

Edward Anderson

Elwood and Judy Anderson

Joshua Anderson

Barnett Companies

Blizzard Plowing

Wendy Blossom

Rebecca Bollinger

Donald and Theodora Bordsen

Bremer Bank

Emily and John Brenengen

Thomas and Pamela Brennecke

Flameburger

Greg and Kathy Carlson

Nora Cognetta

Coldwell Banker Burnet

Foundation

Kenneth Collias

Kelly Comer

Marceal Comer

Bonita Connolly

Mary Jo Connolly

Brion Curran

Lin and Fred Curran

Barbara and Allen Damerow

John and Elizabeth David

Timothy Deans

Brian Deuel

Digital Insurance

Dinius Plumbing

Karen Dinius

Spencer Dorf

Charles Drake

David Duerr

Naomi Duval

Thomas and Charlene Dunaski

Marlene and Daniel Ebert

Ray Edwards Memorial Trust

Equipment Transport, Inc.

Kent Erickson

Kurt Erickson

Faamati Winery

James and Sue Fox

E.V. Frenzmeier

Geritom Medical, Inc.

GiveMN

Curtis Gjengdahl

Mark and Diane Gorder

John and Joann Gordon

Catherine Green

Dennis and Esther Gustafson

Thomas Hanson

Lisa Hayes

Daniel Hayne

Susan and Joel Heckman

Dennis Hegberg

Joan Henry

Richard and Lisa Heroff

Sanford and Sharon Hindahl

Aaron Hofbauer

Dale Hofbauer

Marjil Hoffman

Ed and Shirley Hollenkamp

Heidi and Matt Holste

Ogunfowora Iyabode

Roy and Aleda Jacobson

Lorie Jensen

Paxton and Dawn Jevnick

Charles Johnson

Glenn and Kathryn Johnson

Nadine Johnson

Diane Jones

Margaret and John Jones

Thomas and Janice Jordan

Julius Kavugha

Alan and Julie Kaufman

Kerrick and Joan Kingsley

Patricia Kielb

Chad Kingbay

Dale and Jacquelyn Kruse

Knights of Columbus, Our Lady

of the Lake Council 4145

Autumn Kunz

Sheila Labarge

Christopher Larson

James Larson

Patrick Leary

James Lebahn

Andre and Kara Lemire

DONOR RECOGNITION

| | | |
|---------------------------------------|---|--|
| Chuck Lemire | Olson Thielen and Co, Ltd. | Jean Schwartz |
| Jim and Yvonne Lemire | Richard Olson | Paul Schultz |
| Richard Lennartson | Robert Olson | Danny Seanoa |
| Debbie and Frank Lewandowski | Tyler Orth | Mackenzie Sharbono |
| Piers and Katherine Lewis | Lilly Otto | Eleanor and Ivan Skoog |
| Linda Lia | Erin Overholser | Bonnie Sommerville |
| Robert Lockwood | Daniel Owens | Catherine and Lloyd Spear |
| Joan Loer | Marion Owens | Jeffrey Spear |
| Janice Lorenz | Andrea Perzichilli | John and Collette Spooner |
| Harland and Ione Lund | Virginia Petersen | Sally Spry |
| Lunds & Byerlys | Gerald and Sharon Pipes | Merlin and Gloria Steffen |
| Darlene Maeder | Lowell and Sally Poesch | Dale Stromberg |
| Maplewood Oakdale Lions Club | John Poferl | William Swanson |
| Maurices | Lynn Polad | Rick Thomas |
| John and June Martin | Laura and Gerald Poulsen | Jacob Thornberg |
| Traci Matthes | Norm and Joan Purrington | Tiller Corporation Barton Sand & Gravel |
| Mark Mattner | Scott Purrington | Ronald Toensing |
| Susan Mattner | Ramsey County DD HCBS | John and Ann Tulloch |
| Dave and Gayle Mau | William and Deborah Ramsey | Henry Ulrich |
| Blair Meek | Blake Rice | Jaclyn Ulrich |
| Craig Meinke | Catherine Reiersen | Village Plumbing |
| Margaret Miller | Colleen Roberts | Jose Villalobos |
| MN Catholic Credit Union | Dale and Sally Roffers | Richard and Cathy Wallinder |
| Loretta Morse | Maxine Roffers | William Walsh |
| Robert Morse | George and Kathryn Rossez | Susan Ward |
| Lucille Nadeau | Thomas and Patricia Rossez | Gordon Weiss |
| Mary Nadeau | Saint Paul Foundation— Coderre Family Fund | Shelly Weiss |
| Anthony Nelson and Jeanne Anderson | Saint Paul Foundation— Martin Family Fund | Gary and Mary Williams |
| Thomas Nelson | Sam's Club | John and Joan Williams |
| Margaret Neurer | Schmidt Insurance Agency | Whitney and Patricia Winn |
| Shari Newgard | Dennis and Corrine Schmidt | WISSH Graphics |
| Josh Niere | Gertrude Schmidt | Jacob Wrich |
| Nonprofits' Insurance Agency | James and Helen Schmidt | JoAnn Zorn |
| Thomas and Candice Nordlund | Robert Schuette and Mary Rossi | |
| Gerry O'Neill | | |

2015 Statement of Financial Position

| | |
|---------------------------|-------------|
| Total Assets: | \$9,148,150 |
| Total Liabilities: | \$5,315,433 |
| Total Net Assets: | \$3,832,717 |
| Unrestricted | \$2,919,525 |
| Restricted | \$ 913,192 |

2015 Statement of Activities

| | |
|-------------------------------------|-------------|
| Total Support & Revenue: | \$9,451,681 |
| Total Expenses | \$9,156,571 |
| Program | \$7,982,665 |
| Administrative & General | \$1,094,478 |
| Fundraising | \$ 79,428 |



LEGACY MILESTONES IN 2015

Length of Service Award Winners

| | |
|-----------------|---|
| 25 years | Anne Fitzpatrick |
| 20 years | Fred Curran, Sondra Hampton, Michelle Hartmann |
| 15 years | Jeanna Lowry, Tammy Luczynski, Craig Meinke, Duane Spandl, Kathy Spandl |
| 10 years | Sarina Calhoun, Nakia Crenshaw, Johnson Erendu, John Hauwiller, Kate Heroff, Sheila LaBarge, Regine Mbayu, Jessica Pigg |
| 5 years | Carrie Anderson, Ariana Baldwin, Jeff Birkeli, Monique Byas, Martin Chi, Elizabeth Dailey, Bryan Doe, Patrick Dolhescu, Claudia George, Johnstone Kimani, Landon Kapus, Michael Mortimer, Jackie Olson, Joe Ostrem, Bankole Oyefesobi, Holly Rushenberg, Mackenzie Sharbono, Erik Sorensen, Afiniki Zillang |

COMMUNITIES SERVED BY NORTHEAST RESIDENCE, INC.

The programs operated by Northeast Residence, Inc. are open to anyone in the state of Minnesota. In general, the people we serve have families who have lived in the five-county metro area of Minneapolis/St. Paul. The majority of people we serve come from Ramsey and Washington counties specifically. Over the years, Northeast Residence has served individuals and families from more than 42 Minnesota communities. The list below indicates the municipalities that the people we serve call home.



Cottage Grove
Crystal
Dellwood
Forest Lake
Hastings
Hugo
Lake Elmo
Lakeland
Little Canada
Mahtomedi
Maplewood
Minneapolis
North St. Paul
New Brighton

Oakdale
Pierz
Ramsey
Roseville
Shoreview
Spring Lake Park
St. Paul
Stillwater
Vadnais Heights
White Bear Lake
White Bear Township
Woodbury
Wyoming



Northeast Residence, Inc.

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